

# Be One in a Million Hearts: Addressing the #1 Killer of Alabamians

## Satellite Conference and Live Webcast

Wednesday, February 22, 2012, 2:00-4:00 p.m. (Central Time)  
3:00-5:00 p.m. (Eastern) ■ 1:00-3:00 p.m. (Mountain) ■ 12:00-2:00 p.m. (Pacific)

*Cardiovascular disease is the number one killer in the United States. A new prevention campaign, Million Hearts, is hoping to prevent one million heart attacks and strokes over the next 5 years by working with communities to educate the public about CVD. Program faculty will discuss this new campaign as well as other prevention efforts. A cardiovascular disease survivor will also share their personal battle with the disease.*

## PROGRAM OBJECTIVES

1. Define secondary prevention and treatment guidelines for survivors of cardiovascular disease.
2. Explain the 2012 Million Hearts Campaign to improve heart health.
3. Provide a public health perspective on the epidemiology of cardiovascular disease in Alabama.
4. Discuss the American Heart Association's policy and advocacy initiatives to address hypertension and trans fat legislation.
5. Provide a survival testimonial from a cardiovascular disease survivor.

## CONFERENCE DETAILS

**Target Audience:** Nurses, social workers, dietitians, health educators, those working with cardiovascular patients

**Continuing Education:** None for this program.

**Registration:** [www.adph.org/alphnt](http://www.adph.org/alphnt)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphnt](http://www.adph.org/alphnt)

*Satellite* - Live satellite conference on C band (analog).

*Webcast* - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at [www.adph.org/alphnt](http://www.adph.org/alphnt)

*Audio* - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.  
Press # again to listen to the conference.

*On Demand* - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphnt@adph.state.al.us](mailto:alphnt@adph.state.al.us)



## FACULTY

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Heart Survivor and Volunteer Advocate  
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